




femometer[®]

Menstrual Cup

Femometer Menstrual Cup

This product is made of medical silicone gel which is less likely to cause irritation and is also non-absorbent. It's widely used in health care products like baby pacifiers and catheters etc. This product does not contain dioxins or allergens. It is scent-free and non-slip for ease of use. It will not affect daily activities and has a typical product-life of 15 years.

Instructions

A
SIZE

A- For women who have not had children and are under 25 years of age.

B
SIZE

B- For women who have had children, or are over 25 years of age.

Soak in boiling water for at least three minutes before first use. Ensure the product is fully immersed in the water.

How to Use A Menstrual Mate

To insert: First, wash your hands. Fold the sterilized menstrual cup and holding the bottom part of it, push it gently into the vagina as far as it will comfortably sit. Secondly, gently rotate the menstrual cup to ensure that it is fully open and in contact with the vagina all the way around. This creates a seal. Finally, adjust the cup so it feels comfortable, and so you can easily reach the handle to remove when needed.



To remove: Hold with your fingers and press the menstrual cup body slightly while squatting or sitting on the toilet. Gently pull the menstrual cup down once you feel the seal release. Wash and re-insert as you need to. Disinfect regularly by submerging in boiling water. It's suitable for both young girls and women, but use with caution if you have no sexual intercourse experiences before.

Folding Method



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Distributor:

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